

# SmileCare Dental Clinic – Frequently Asked Questions

**1. Q: What are your opening hours?**

A: We are open Monday to Friday from 08:00 to 19:00 and Saturday from 09:00 to 15:00. We are closed on Sundays.

**2. Q: Where is your clinic located?**

A: Our clinic is located at 221B Baker Street, London, UK.

**3. Q: Do you have parking?**

A: Yes. Free parking is available for all patients.

**4. Q: What payment methods do you accept?**

A: We accept Cash, Visa, Mastercard, Apple Pay, and Google Pay.

**5. Q: Do you accept dental insurance?**

A: Yes. We work with Bupa, AXA Health, Vitality, and WPA.

**6. Q: Can I book an appointment online?**

A: Yes. You can book an appointment through our AI Assistant or by contacting our clinic directly.

**7. Q: Can I change my appointment?**

A: Yes. Please contact us as soon as possible and we'll help you reschedule your appointment.

**8. Q: Can I cancel my appointment?**

A: Yes. Please let us know in advance if you need to cancel your appointment.

**9. Q: Do you accept walk-in patients?**

A: Walk-in appointments depend on availability. We recommend booking an appointment in advance.

**10. Q: How long does a consultation take?**

A: A general dental consultation usually takes between 20 and 30 minutes.

**11. Q: Which languages do your dentists speak?**

A: Our dentists speak English. Some dentists also speak German and Azerbaijani.

**12. Q: Which dentist performs dental implants?**

A: Dental implants are performed by Dr. Michael Brown, our Implantologist with 17 years of experience.

**13. Q: Which dentist performs teeth whitening?**

A: Teeth whitening is performed by Dr. Teimur Aliyev, our Cosmetic Dentist.

**14. Q: Which dentist performs dental cleaning?**

A: Professional dental cleaning is performed by Dr. Teimur Aliyev.

**15. Q: Which dentist performs root canal treatment?**

A: Root canal treatments are performed by Dr. David Wilson, our Endodontist.

**16. Q: Which dentist treats children?**

A: Children are treated by Dr. Sarah Thompson.

**17. Q: Which dentist performs braces treatment?**

A: Braces consultations and treatment are provided by Dr. James Carter, our Orthodontist.

**18. Q: Which dentist provides Invisalign treatment?**

A: Invisalign consultations are provided by Dr. James Carter.

**19. Q: How often should I have my teeth professionally cleaned?**

A: Most patients are recommended to have a professional dental cleaning every six months.

**20. Q: Does dental cleaning hurt?**

A: Most patients experience little or no discomfort during professional dental cleaning.

**21. Q: How long does dental cleaning take?**

A: Dental cleaning usually takes between 30 and 45 minutes.

**22. Q: Can I eat after dental cleaning?**

A: Yes. You can usually eat immediately after your cleaning unless your dentist provides different instructions.

**23. Q: Is teeth whitening safe?**

A: Yes. Professional teeth whitening performed by our dentists is considered safe when carried out correctly.

**24. Q: Does teeth whitening damage teeth?**

A: No. Professional whitening does not damage healthy teeth when performed by qualified dental professionals.

**25. Q: How long does teeth whitening last?**

A: Results vary from person to person but commonly last between one and three years depending on lifestyle and oral hygiene.

**26. Q: Can I drink coffee after teeth whitening?**

A: We generally recommend avoiding coffee, tea, red wine, and other staining foods or drinks for the first 24 to 48 hours after whitening.

**27. Q: How many whitening sessions are usually needed?**

A: Many patients achieve good results after one session, although some may benefit from additional treatment depending on the starting tooth shade.

**28. Q: Do you offer emergency dental appointments?**

A: Yes. We offer emergency dental appointments during clinic working hours whenever possible.

**29. Q: What should I do if I break a tooth?**

A: Please contact our clinic immediately. Our team will help arrange an emergency dental appointment as soon as possible.

**30. Q: What should I do if I have severe tooth pain?**

A: Please contact our clinic as soon as possible so we can arrange an emergency examination with the appropriate dentist.

**31. Q: What is a dental implant?**

A: A dental implant is an artificial tooth root placed into the jawbone to support a replacement tooth that looks and functions like a natural tooth.

**32. Q: Am I suitable for dental implants?**

A: Suitability depends on your oral health and bone condition. A consultation with our implantologist is required before treatment.

**33. Q: How long do dental implants last?**

A: With proper care and regular dental checkups, dental implants can last many years and often decades.

**34. Q: Is dental implant surgery painful?**

A: The procedure is performed under local anesthesia, so patients usually experience little discomfort during treatment.

**35. Q: How long does implant recovery take?**

A: Initial healing usually takes a few days, while complete integration with the jawbone may take several months.

**36. Q: Do dental implants look natural?**

A: Yes. Our implants are designed to closely match the appearance and function of natural teeth.

**37. Q: What is a root canal treatment?**

A: Root canal treatment removes infected tissue inside a tooth to relieve pain and save the natural tooth whenever possible.

**38. Q: Does root canal treatment hurt?**

A: Modern root canal treatment is performed under local anesthesia and is generally no more uncomfortable than getting a filling.

**39. Q: How long does root canal treatment take?**

A: Most treatments take between 60 and 90 minutes, although some cases require more than one visit.

**40. Q: Can I return to work after a root canal?**

A: Most patients can return to their normal daily activities shortly after treatment unless advised otherwise by the dentist.

**41. Q: When is a tooth extraction necessary?**

A: Extraction may be recommended when a tooth cannot be repaired due to severe damage, decay, infection, or overcrowding.

**42. Q: Does tooth extraction hurt?**

A: The procedure is performed under local anesthesia, so you should not feel pain during the extraction.

**43. Q: Can I eat after a tooth extraction?**

A: Soft foods are recommended after the procedure. Your dentist will provide aftercare instructions based on your treatment.

**44. Q: How long does it take to recover after an extraction?**

A: Most patients recover within several days, although complete healing may take a few weeks.

**45. Q: What is Invisalign?**

A: Invisalign is a system of clear removable aligners used to gradually straighten teeth.

**46. Q: What is the difference between Invisalign and braces?**

A: Invisalign uses nearly invisible removable aligners, while braces use fixed brackets attached to the teeth. Your orthodontist can help determine which option is most suitable for you.

**47. Q: Can adults get braces?**

A: Yes. Orthodontic treatment is suitable for both teenagers and adults.

**48. Q: How long does orthodontic treatment usually take?**

A: Treatment length varies depending on the individual case but commonly ranges from 12 to 24 months.

**49. Q: Do you treat children?**

A: Yes. Our clinic provides pediatric dental services for children.

**50. Q: At what age should children first visit a dentist?**

A: Children should usually have their first dental visit around their first birthday or when their first tooth appears.

**51. Q: Can parents stay with their child during treatment?**

A: Yes. Parents are welcome to accompany their child during most appointments.

**52. Q: Do you use digital dental X-rays?**

A: Yes. Our clinic uses modern digital dental X-ray technology whenever required.

**53. Q: Are digital dental X-rays safe?**

A: Yes. Digital X-rays use significantly lower radiation than traditional X-rays and are considered safe when clinically necessary.

**54. Q: Can I pay by credit card?**

A: Yes. We accept Visa and Mastercard as well as Apple Pay and Google Pay.

**55. Q: Can I receive an invoice after treatment?**

A: Yes. We can provide an invoice upon request.

**56. Q: Is my personal information confidential?**

A: Yes. Patient privacy is very important to us, and your information is handled confidentially.

**57. Q: What should I do if my filling falls out?**

A: Please contact our clinic as soon as possible so we can arrange an appointment to examine and restore the tooth.

**58. Q: My dental crown came off. What should I do?**

A: Please keep the crown if possible and contact our clinic promptly to arrange an appointment.

**59. Q: What should I do if my tooth is knocked out?**

A: Please contact our clinic immediately. If possible, keep the tooth clean, avoid touching the root, and seek emergency dental care as soon as possible.

**60. Q: What should I do if my gums are bleeding?**

A: Occasional bleeding may have different causes. We recommend scheduling a dental examination so our dentist can evaluate your oral health.

**61. Q: How often should I visit the dentist?**

A: Most people should have a routine dental checkup every six months unless their dentist recommends a different schedule.

**62. Q: Do I need a consultation before dental treatment?**

A: Yes. Many treatments begin with a consultation so the dentist can evaluate your oral health and recommend the most suitable treatment.

**63. Q: Can I choose my dentist?**

A: Yes. If you have a preferred dentist, we'll do our best to schedule your appointment with them.

**64. Q: How early should I arrive for my appointment?**

A: We recommend arriving 10-15 minutes before your scheduled appointment to complete any necessary paperwork.

**65. Q: What happens if I arrive late?**

A: If you arrive late, we will do our best to accommodate you. However, depending on the schedule, your appointment may need to be shortened or rescheduled.

**66. Q: Do you offer cosmetic dentistry?**

A: Yes. We provide cosmetic dental treatments including teeth whitening and veneers.

**67. Q: What are dental veneers?**

A: Dental veneers are thin shells placed over the front surface of teeth to improve their appearance.

**68. Q: Are veneers permanent?**

A: Dental veneers are considered a long-term treatment and usually require some preparation of the natural tooth.

**69. Q: How long do veneers last?**

A: With proper care, veneers can last many years before needing replacement.

**70. Q: What are dental crowns?**

A: A dental crown is a custom-made cap placed over a damaged tooth to restore its strength, shape, and appearance.

**71. Q: What are dental bridges?**

A: Dental bridges replace one or more missing teeth by using neighboring teeth or implants for support.

**72. Q: What is gum disease?**

A: Gum disease is an infection affecting the gums and supporting tissues around the teeth. Early diagnosis helps prevent more serious problems.

**73. Q: Can gum disease be treated?**

A: Yes. Treatment depends on the severity of the condition. Your dentist will recommend the most appropriate option after an examination.

**74. Q: Do you provide gum treatment?**

A: Yes. Our clinic provides diagnosis and treatment for various gum conditions.

**75. Q: What should I do if I lose a crown or bridge?**

A: Please contact our clinic as soon as possible so we can evaluate the tooth and restore the restoration if appropriate.

**76. Q: Can I brush my teeth after a dental extraction?**

A: Your dentist will provide aftercare instructions. Brushing should be done carefully while avoiding the extraction area during the initial healing period.

**77. Q: Can I smoke after a tooth extraction?**

A: Smoking is generally not recommended after an extraction because it may delay healing.

**78. Q: Can I exercise after dental treatment?**

A: Depending on the procedure, your dentist may recommend avoiding strenuous physical activity for a short period.

**79. Q: How long does numbness last after dental treatment?**

A: The effects of local anesthesia usually wear off within a few hours, although this varies from patient to patient.

**80. Q: What foods should I eat after dental treatment?**

A: Soft foods are usually recommended after many dental procedures. Your dentist will provide instructions based on your treatment.

**81. Q: Can I eat immediately after teeth whitening?**

A: It's generally recommended to avoid strongly colored foods and drinks for the first 24-48 hours after whitening.

**82. Q: Can I drink alcohol after dental treatment?**

A: Depending on the procedure and any prescribed medications, your dentist may recommend avoiding alcohol for a period of time.

**83. Q: How can I maintain good oral health?**

A: Regular brushing twice a day, daily flossing, a balanced diet, and routine dental checkups are essential for maintaining healthy teeth and gums.

**84. Q: Do you recommend electric toothbrushes?**

A: Many patients find electric toothbrushes effective for maintaining oral hygiene. Your dentist can recommend the best option for your needs.

**85. Q: How often should I replace my toothbrush?**

A: Most toothbrushes should be replaced every three months or sooner if the bristles become worn.

**86. Q: Do you sell dental care products?**

A: Please contact our clinic to learn about the dental products currently available.

**87. Q: Can I ask questions after my appointment?**

A: Yes. If you have questions after your visit, our team will be happy to assist you.

**88. Q: What if I'm nervous about visiting the dentist?**

A: Many patients feel anxious before dental treatment. Our team is experienced in helping patients feel comfortable throughout their visit.

**89. Q: Can I bring a family member with me?**

A: Yes. In most situations, a family member may accompany you, depending on the treatment being performed.

**90. Q: Why should I choose SmileCare Dental Clinic?**

A: Our clinic combines experienced dentists, modern technology, personalized patient care, and a comfortable environment to provide high-quality dental services.